

Safety. Security. Peace of Mind.

TRAINING SERVICES



Training Courses For Organizational Safety & Compliance



CURRENT COURSES

HAZWOPER Training

- OSHA standards require employees to receive annual and refresher training for those involved in work around hazardous materials. The core of these HAZWOPER courses is the PK Safety "Evolving Training" concept, a PK Safety course development technique to observe and continually gather input based on specific client needs, procedures, and past facility incidents to dial in a more specific, less general instructional course with each presentation. The results are a course tailored to fit the client's standards of response, resources, and management.
- Participants are assessed through quizzes and critiques during hands-on/practical exercises to help ensure their ability to handle these incidents.
- Meet your initial training requirements with the PK Safety HAZWOPER 24-hour Technician training course, then reinforce the basic principles annually with consistent materials from the PK Safety HAZWOPER 8-hour refresher training course.
- PK Safety's HAZWOPER includes Incipient Fire Training as part of the regular course, and separate certificates
 for this training are also included. This is a bonus by incorporating it into a relevant session and completing
 this training without additional expenses or scheduling.
 - 1. HAZWOPER 40-hour Training Course
 - 2. HAZWOPER 24-hour Training Course
 - 3. HAZWOPER 8-hour Refresher Course

Industrial Medic Training

- PK Safety's Industrial Medic training provides continued education to your employees on how to respond to a medical emergency in the work place. The course gives a brief CPR refresher and goes more in-depth on how employees should respond in the industrial setting when helping others in need, while avoiding injury to themselves in the process.
- Industrial Medic training is an 8-hour class that covers a wide variety of injuries:
 - Patient Assessment & Triage

Scene safety / self safety, and patient vitals Environmental emergencies (heat / cold)

Bleeding, Soft Tissue Injuries, Burns & Amputations

Dressings
Impalements, shock, eyes, nature of injuries, applications

Wide Range of Hands-On Practicals

Practical familiarization of bag valve mask Practical recovery position, log-roll, c-collar application Patient Packaging

- Classroom intro: Strokes basket, sked, spine board. Intro information and sked video
- Practical session: Rotation-station training



CURRENT COURSES

Confined Space Rescue Familiarization & Refresher

PK Safety's Confined Space Rescue Familiarizations course is built on the fundamentals of confined space rescue. It also follows OSHA's 1910.146 standards with references to the NFPA's guidelines on the topic. It is an essential course for improving employees' confidence and skills for conducting safe confined space entry. In addition, it contains the importance of building a team environment on general confined space rescue. This course is customizable to fit company-specific procedures and needs.

First Aid / CPR & AED Training

- National Safety Council First Aid/CPR/AED curriculum provides employees with basic necessary medical aid, suited to the expectations of their roles. The class is dynamic, both classroom instruction and hands-on practical application, which helps ensure retention of material.
- First Aid, CPR Certifications are good for 2 years, OSHA standard requires First Aid annual compliance as well.
- Class size is limited to 20 participants with 2 instructors, with a maximum 10:1 student / instructor ratio in observance.

Incident Command System (ICS) Training - 2 Part Recommendation

- Free, Web-Based Interactive Training (completed first)

 For a free and highly recommended starting point, staff are directed to FEMA.gov for initial incident command training as consistent with all public safety personnel or responders such as Fire Department, EMS, Law Enforcement staff and FEMA.
- Incident Command Training (after completion of web-based interactive training)

 Utilizing basics of ICS/NIMS system, participants will complete a training session to tie together the general ICS course information with operation methods and documentation.
 - Recommended session of 4 hours
 - Brief re-cap / refresher on ICS 700, 100, 200 followed with focus on incident management structure and system
 - Tabletop exercises participants break into groups for interactive application

Confined Space Entry & Hazards Training

- PK Safety's Confined Space Entry & Hazards course is an initial course on safe confined space entry. It contains
 the essential building blocks for general confined space entry as a stand-alone session, customizable to add
 company specific procedures.
- Confined Space Entry & Hazards training is an 8-hour classroom that is limited to 20 participants.

Topics covered include:

Identifying confined space, PRCS programs, related OSHA standards, related PPE, proper entry procedures/permits, atmospheric hazards, importance of air monitoring, PRCS roles / duties, isolation, safety, understanding rescue basics and more.



CURRENT COURSES

Incipient Fire Education & Fire Extinguisher Training

- Presentation of basic fire education and fire extinguisher use.
- Live-fire burn drill with fire extinguishers for hands-on participant practice.

Customizable Training Courses

- PK Safety's customizable training courses can be completely altered to fit a company's and its employees' specific needs. These courses are as listed, but no limited to:
 - Forklift & Man Lift Training
 - Fire Watch / Hole Watch Training
 - Bottle Watch Training
 - ABC's of Atmospheric Hazards
 - Lead & Asbestos Awareness Training
 - SCBA Familiarization Training
 - Fall Protection Training

Quotes | Scheduling | Questions

- To facilitate convenience and cost considerations, PK Safety will implement strategies and techniques to make the most of on-site and regional training events.
 - Several sources are limited to participant size in relation to curriculum student/instructor ratios, & practical considerations
 - Some courses require employees to have completed prior training or compliance measures, such as MEQ-Spiro pulmonary function test and fit-testing before SCBA/Respirator "PK Safety can provide fit testing if needed."
 - Additions or alterations to training courses or sessions will necessitate pricing & logistic adjustments accordingly
- Pricing includes the aforementioned training services with costs relative to proposed instructor time, travel & materials as a complete quality package. Don't hesitate to get in touch with us with any questions or concerns you may have regarding our training services.

SAFETY